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Congratulations on your pregnancy and welcome to our practice of obstetrics and gynecology!

Thank you for choosing our office for your care! We look forward to caring for you during your pregnancy. Whether this is your first or subsequent pregnancy, please visit our website <u>today</u> for information that will be currently applicable to you prior to coming in office for your New OB appointment. Our home page is <u>www.williamgrovesmd.com</u>. Watch the series of prenatal videos on the home page. These were created for you and are kept up to date.

In addition to our videos on pregnancy there are other helpful links and resources on our website. Please check out the following:

- OB Medication List what's safe to take in pregnancy?
- FullScript Registration link. On this site you will find recommendations and an ordering platform
 for prenatal vitamins. You will also find a safe and effective protocol (created by Dr. Groves) to
 follow for nausea in pregnancy. You will have the option to purchase safe vitamins and
 supplements which have been selected by Dr. Groves. These are shipped directly to your home
 and there is a 10% discount available to our patients.
- Print out the New Pregnancy checklist. Use this list to make sure you have all the initial information and precautions you need at your fingertips.

If you have any medical conditions or are taking prescription medications, notify your treating/prescribing physician that you are pregnant and have them call us with any questions.

Follow us on Facebook as this platform is used to get information out quickly to our patients.

We look forward to seeing you at your appointment.

Dr. Groves and Staff